catalyst		Foodbanks ood support in Stockton-on-Tees	
STOCKTON-ON-TEES FOODPOWER NETWORK	before trave	uble check with the organisation el, as details are subject to change. <u>s require a referral from an organisation.</u>	Scan with phone camera to view interactive map
Billingham & Stockton Foodbank, Stockton Central ( <i>referral essential</i> )	Open Wednesdays & Fridays, 10 - 1pm	Proof of identification is required when collectin such as a letter with recipient's name and Hebron Church, Corner of Vicarage Str Bishopton Road, TS19 0AJ. Email: info@billinghamstocktonborough.food Telephone: 07583 575522	address. eet &
Billingham & Stockton Foodbank, Billingham Central ( <i>referral essential</i> )	Open Tuesdays & Thursdays, 11 - 2pm	Proof of identification is required when colle parcel, such as a letter with recipient's name 4-6 West Precinct, Billingham Town Centre, Bi 2NH. Email: info@billinghamstocktonborough.f Telephone: 07583 575522	and address. llingham, TS23
Salvation Army Stockton Foodbank, Stockton Central (referral essential)	Open Mondays & Fridays, 9 - 12pm	Palmerston Street, Stockton-on-Tees, TS18 1NU. Does not run on bank holidays. Telephone: 01642 617629 Email: stockton.citadel@salvationarmy.org.uk	
Thornaby Foodbank, Thornaby (referral essential)	Open Thursdays, 12 - 1pm	Thornaby Baptist Church, Thorntree Road, The 8FZ. Donations can be left directly on Wed 1 & Thurs 10-12pm. (Other drop off points are a message their Facebook page for more detail 07469 920606 Email: thornabyfoodbank@	0.30 - 12pm vailable, please s). Telephone:

## How-to guide: accessing emergency food parcels from a foodbank

If you need help, a foodbank can provide an emergency food parcel containing three days nutritionally balanced food. Parcels may also include other essentials like toiletries. In order to get help from a foodbank you will need to be **referred with a food voucher**. The voucher is then **exchanged at the foodbank for a food parcel**.

Organisations that can be contacted for food parcel voucher referrals include: Stockton District Advice & Information Service (SDAIS): 01642 633877 NHS Social Prescribing: 01642 061047 Stockton Borough Council – Housing: 01642 528389 Other organisations include: housing associations, advice charities, schools and GPs.

Leaflet updated: October 2024



# **Community Pantries & Ecoshops**

Offering low-cost food items in Stockton-on-Tees (page 1/2)

#### Please double check with the organisation before travel, as details are subject to change. Community pantries & ecoshops do not require a referral, just come along. Items are sold at discounted price.



Scan with phone camera to view interactive map

Arlington Park EcoShop, Ropner	Open Thursdays, 11.30 - 1.30pm	Arlington Park, Adderley Street, Stockton-on-Tees, TS18 3GT. Telephone: 07970 088003 or 07980 808920. Email: amalprojectteesside@gmail.com or info@littlesprouts.org.uk
Stockton Hope Community Larder, Hardwick	Open Wednesdays, 11 - 1pm	St. Andrew's Methodist Church, Hardwick Road, Stockton-on- Tees, TS19 8PH. Telephone: 07718 785096 Email: mrsgillcarr@ntlworld.com
Sprouts Community Shop, Thornaby	Open Tuesdays 9 - 12pm & Wednesdays, 9.30 - 12pm	<i>Tuesday</i> - community shop for clothes, kitchenware, bedding etc. <i>Wednesday</i> - community shop for food, clothes, kitchenware & more. Sprouts Community Shop (behind Victoria Park Community Hall), Peel Street, Thornaby, TS17 6HL. Telephone: 07980 808920. Email: info@littlesprouts.org.uk
Salvation Project, Thornaby Methodist Church	Open Wednesdays, 1 - 2pm	Help with food & toiletries, no referral required. Wednesday's food collection is at 1-2pm, pop in for a chat about how we can support you. Community Bingo with hot drinks & biscuits from 3-4pm meet other families/individuals, all are welcome. Telephone: 07934 409010. Email: salvationproject@outlook.com. Stanstead Way, Thornaby, Stockton-on-Tees TS17 9DZ
Ragworth Community Grocery, Ragworth	Open various days <i>(see details)</i>	Monday - Friday 9.30 - 4.30pm, Wednesday 9.30 - 6pm. The Shack, Dover Road, Ragworth, Stockton-on-Tees, TS19 0JU. Telephone: 01642 925115 Email: ragworth@communitygrocery.org.uk
Pantry in the Park, Billingham	Open Mondays, 9.30 - 11am	Open Monday 9.30 - 11am (on bank holiday Mondays, moves to Tuesday, same time). John Whitehead Community Hub, John Whitehead Park, Billingham, TS23 2DD. Telephone: 01642 551171. Email: info@billlingham-tc.gov.uk
Holy Rosary Community Pantry, Billingham	Open Fridays, 12 - 3pm	The Medway, Sidlaw Road, Billingham, TS23 2EP. (building in between Holy Rosary Church and Holy Rosary School). Telephone: 07757 062798

Leaflet updated: October 2024



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STOCKTON-ON-TEES

## **Community Pantries & Ecoshops** Offering low-cost food items in Stockton-on-Tees (page 2/2)

#### Please double check with the organisation before travel, as details are subject to change. Community pantries & ecoshops do not require a referral, just come along. Items are sold at discounted price.



interactive map

Norton Methodist Church Pantry, Norton	Open Sundays, 12.30 - 1.30pm	Pantry in building behind Church. 439 - 445 Norton Road, Norton, Stockton-on-Tees, TS20 2QQ. Telephone: 01642 533379. Facebook page for updates: www.facebook.com/nortonmethodist
Norton Grange Community Pantry, Norton	Open Wednesdays, 12 - 2pm	64 Somerset Road, Norton, Stockton-on-Tees, TS20 2ND. Closed 25th Dec 25th 2024 & 1st Jan 2025, open as normal otherwise. Telephone: 07881 940592 Email: ng.communitygroup@outlook.com
Chad's Pantry, Roseworth	Open Thurs 9 - 11am & Sun 9.30 - 10.30am	St. Chad's Church, Ragpath Lane, Stockton-on-Tees, TS19 9AY. Telephone: 07496 127428 Email: lana.green354@btinternet.com
Mill Lane Market & Meal Deals, Stockton Central	Fridays & Wednesdays, ( <i>term-time</i> only)	(For families of the school only). Community pantry on Fridays 2.30- 3.30pm & affordable 'meal deals' with ingredients to make a family meal, at end of school day on Wednesdays. Mill Lane Primary School, Wellington Street, Stockton-on-Tees, TS18 1QX. Telephone: 01642 860055 Email: milllane@sbcschools.org.uk
Living Proof Pantry, Stockton Central	Open various days (see details)	Open Tues 5 - 6.30pm, Thurs 5 - 6.30pm, Sat 11-12 noon & Sun 2 - 3.30pm. 66 Dovecot Street, Stockton-on-Tees, TS18 1LL Telephone: 07496 571125 Email: rccglpscc@gmail.com
Roseberry Community Consortium Ecoshop, Stockton Central	Open Fridays 12 - 1.30pm	Roseberry Community Consortium, 78 Skinner Street, Stockton-on-Tees, TS18 1EG. Bring your own bag. Feel free to stay for a hot drink and a chat in their community space. Telephone: 07538 894834 Email: info@roseberrycommunityconsortium.org
Nitelight free monthly highstreet stall, Stockton Central	First two Mondays of every month, 11 - 1pm	Free food, toiletries & hygiene essentials, plus free pie meals at Nitelight's highstreet stall. First two Mondays of every month, 11am - 1pm (except bank holidays, date is moved to the following Monday). On Stockton Highstreet, opposite Darlington Building Society. Telephone: 07790 627499 Email: info@nitelightcic.co.uk
Challoner House Community Pantry, Yarm	Open Fridays 12.30 - 3pm	Challoner House Community Centre, Challoner Road, Yarm, TS15 9DS Email: rachel.braithwaite@stockton.gov.uk

Leaflet updated: October 2024



# **The Bread & Butter Thing** Food hubs offering groceries at a discount



The Bread & Butter Thing food hubs do not require a referral. To access, you need to sign up via their text message system - see below.



Scan with phone camera to view interactive map

## What is the Bread & Butter Thing?

The Bread and Butter Thing food hubs offer groceries at a discounted price. They are a new food support service in Stockton-on-Tees. At the Bread & Butter Thing food hubs, residents can buy three bags of fruit and vegetables, chilled food, and cupboard staples for £8.50. It is estimated this helps save around £35 compared with buying the items elsewhere.

### How do I access the new hubs?

Interested residents can register as members for free. See below information on food hub locations, and how to register.

Once registered, you will receive a text message 48 hours before your hub's 'service day' each week, asking if you would like to shop there. You then simply reply to the message to confirm if you would like to access the hub.

#### Prices at the hubs are as follows:

Single bags with a condensed offer are priced £5 Standard three-bag family packages are £8.50 Large family six-bag packages are £17

Cash, card, NHS Healthy Start credit & Aspen cards are all accepted as payment upon collection.

# The Bread & Butter Thing - food hub locations

Vineyard	Every	Teesside Vineyard Church, Acklam Road, Thornaby, TS17 7HD.
Teesside Vineyard	Monday at	Text 07860 063304 with your full name, postcode, and the name of
Church	2pm	the hub you will be collecting from: 'Vineyard'
Salvation Army	Every	Salvation Army Stockton, Palmerston Street, Stockton-on-Tees, TS18
Stockton,	Tuesday at	1NU. Text 07860 063304 with your full name, postcode, and the
Stockton Central	1.30pm	name of the hub you will be collecting from: 'Stockton Town Centre'
New Life Family	Every	New Life Family Centre, Low Grange Avenue, Billingham, TS23 3EQ.
Centre,	Wednesday	Text 07860 063304 with your full name, postcode, and the name of
Billingham	at 1pm	the hub you will be collecting from: 'New Life'
Redhill	Every	Redhill Family Hub, Redhill Road, Roseworth, TS19 9BX.
Family Hub,	Thursday at	Text 07860 063304 with your full name, postcode and the name of
Roseworth	1pm	the hub you will be collecting from: 'Redhill'
Newtown Community Resource Centre, Newtown	Every Friday at 1pm	Newtown Community Resource Centre, Durham Road, Newtown, TS19 0DE. Text 07860 063304 with your full name, postcode, and the name of the hub you will be collecting from: 'Newtown'

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stockton-on-Free	low cost o	unity Food - (page 1/3) or free in Stockton-on-Tees	
STOCKTON-ON-TEES FOODPOWER NETWORK		eck with the organisation before travel, etails are subject to change.	Scan with phone camera to view interactive map
Nitelight stall, Stockton Central	First two Mondays of every month, 11 - 1pm	70 <b>free</b> pie, peas and roasties meals in partnership w subject to availability, at Nitelight's highstreet stall. items, clothing and hygiene essentials on the stall. Fir every month, 11am - 1pm (except bank holidays, dat following Monday). On Stockton Highstreet, oppo Building Society. Telephone: 07790 627499 Email: info	Other free food st two Mondays of e is moved to the site Darlington
Stockton Baptist Church, Stockton Central (booking necessary)	Thursdays, 12 - 2pm	Booking necessary. Three course meal for £3, ru (except holidays, and service also pauses in mid-July September). Everyone over 60 years is welcome. available, ring to enquire. A short Christian-themed ta The Square, Stockton-on-Tees, TS18 1TE. Telephone Email: office@stocktonbaptistchurch.co	v and resumes in Concessions alk is held at 1pm. e: 01642 602223
Stockton Parish Church, Stockton Central	Wednesdays, 12 - 2pm	<b>Free</b> soup, bread & cake. Everyone is welcome, no b Part of the session is a Bible teaching, although there to stay for this. High St, Stockton-on-Tees, TS Telephone: 01642 611734 Email: office@stocktonpar	e is no obligation 518 1SP.
Stockton Salvation Army, Stockton Central	Mondays 12.30 - 1.30pm	<b>Free</b> takeaway (or sit down) meal every Monday fro Does not run on bank holidays. Palmerston Street, S TS18 1NU. Telephone: 01642 617629 Email: stockton.citadel@salvationarmy.c	stockton-on-Tees,
St. Peter's Church, Ropner (for asylum seekers & refugees)	Wednesdays, 11 - 3pm	<b>Free</b> hot meal & activities every Wednesday (for asyl refugee community only). Crafts group 11 - 12pm, ho English learning & conversation 11 - 12pm & Free clothes and household items available, free cof St Peter's Church, 75 Yarm Road, Stockton-on-Te Telephone: 07958 345177 Email: info@stpeterss	t lunch 12 - 1pm, 1 - 3pm. fee & guidance. es, TS18 3PJ.
The Lighthouse Drop-in Centre, Ropner	Mon to Fri 10 - 1.45 pm, Sunday 10 – 1.45pm	Low cost café with surplus food items, sold at 50p ea subject to availability. 34 Yarm Road, Stockton-on-T Telephone: 01642 640033	
Holy Trinity Parish Church, Fairfield	Thursdays 12 - 1.15pm (term time only)	Gener8 Luncheon Club - everyone is welcome. Foc between £1.50 - £3.15. Soup, toasted sandwiches, s to availability. Upsall Grove, Fairfield, Stockton-on-T Telephone: 01642 570102 Email: holytrinitywithstmark	pecials, subject ees, TS19 7QU.
Leaflet updated: C	atalyst Stockton-on-	Tees Ltd are a company registered in England whose registered adc	lress is 27 Yarm Road,

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catalyst		munity Food - (page 2/3) t or free in Stockton-on-Tees	
STOCKTON-ON-TEES FOOD POWER NETWORK		e check with the organisation before travel, as details are subject to change.	Scan with phone camera to view interactive map
Purple Rose, Newtown	Fridays, 4 - 6.30pm (see details)	<b>Free</b> hot food drop-in meal & drinks, music, socialisation Everyone welcome. Fridays 4 - 6.30pm (except 1st Frida Newtown Community Resource Centre, Durham Road, S TS19 0DE. Telephone: 07776 064968 Email: purplerose	y of the month). stockton-on-Tees,
The Shack, Ragworth	Tuesdays & Fridays (see details)	Tasty Tuesdays (term-time): 10 - 1pm - food & ho (e.g. soup, breakfast buns, muffins, may vary). No boo Friday breakfast (term-time): doors open 9am, food se breakfast & drink. Donations welcomed, no booking req Dover Road, Stockton-on-Tees TS19 0JU. Telephone: ( Email: theshackcommunityprojects@gmail.	oking required. rved at 9.30am: juired. The Shack, 07557 381808
Norton Grange Community Centre, Norton	Wednesdays, 12 - 2pm (see details)	<b>Free</b> lunch club on Wednesdays 12 - 2pm, running al community pantry. At the lunch club, access support a employment, housing, budgeting and more. Lunch club p six week summer holiday. Closed 25th Dec 2024 & 1 64 Somerset Road, Norton, Stockton-on-Tees, TS Telephone: 07881 940592 Email: ng.communitygroup	& referrals for bauses during the st Jan 2025. 20 2ND.
St Mary's Parish Hall, Norton Green	First Monday of the month, 12 - 1.30pm	<b>Free</b> monthly parish lunch first Monday of the month, f (not bank holidays). Hot lunch or buffet/sandwiches, availability. Donations welcome. Please contact to check running before travel. 70 The Green, Norton, Stocktor 1DT. Telephone: 07505 464005 Email: parishadmin@v	depending on k lunch service is n-on-Tees, TS20
Sprouts Community Café at Victoria Park, Thornaby	Tuesdays & Wednesdays, 10 - 2pm	Serving low-cost hot food, snacks & drinks. Join on Wedn for special offer - hot meal of the day plus cake or scone quiz sheet for £3.50. Victoria Park Community Centre, Pee TS17 6HL. Telephone: 07980 808920 Email: info@little	e, tea or coffee & l Street, Thornaby,
Thornaby Life Centre, Thornaby (booking necessary)	Mondays, 12 - 2pm	Soup Lunch, £1 per person at Thornaby Life Centre (a Thornaby Methodist Church). Everyone is welcome. Tea also served. Please visit www.thornabylifecentre.org to ch of events. Thornaby Life Centre, Stanstead Way, Thorn Please phone to book: 07583 745181	and biscuits are eck their calendar
The Vine Café at Teesside Vineyard Church, Thornaby	Wednesdays, 10 - 12pm	<b>Free</b> community café. Free hot drinks, pastries, cake, (subject to availability). Connect with others, everyor <b>Free</b> childrens' breakfast during school holidays & cr alongside Grow Baby Teesside's free baby item shop. Ack Stockton-on-Tees TS17 7HD. Email: hello@teessideviney	ne welcome. aft club. Runs lam Rd, Thornaby,
Leaflet updated: October 2024		-on-Tees Ltd are a company registered in England whose registered add TS18 3NJ and whose registered charity number is 1083231 and compan	



OCKTON-ON-TEES

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# Hot Community Food - (page 3/3) low cost or free in Stockton-on-Tees

# Please double check with the organisation before travel, as details are subject to change.



FOOD POWER NETWORK			interactive map
		ementia Link Services, various locations 22 958610 Email: tdls2016@virginmedia.com	
Thornaby Methodist Church (over 60s welcome)	Every first Thursday of the month, 11.30 - 2pm	Thornaby Methodist Church hot meal, everyone over 60 welcome. Donation of £2.50 encouraged. Stanstead Way, Thornaby, Stockton-on-Tees TS17 9DZ.	
Brunch Club at Ropner Park Café Oxbridge Lane <i>(see details)</i>	Every Wednesday, 10.30 - 12pm	Brunch Club at Ropner Park Café - every Wednesday 10.30 - 12pm. Safe and welcoming brunch group for those with dementia, their families and their carers to relax and make new friends. Full english breakfast starting at around £5. Pauses over the school summer holidays. Ropner Park Café, Hartburn Ln, Stockton-on-Tees, TS18 4E	
		supportive cafés for people with dementia, their fam ice & information. Hot drinks & light refreshments a	
Thornaby Dementia Café	Every second Friday of the month, 1.30 - 3pm	Thornaby Dementia Café at Thornaby Library, <b>free</b> refreshments.	
Stockton Dementia Café	Every first Monday of the month, 11.30 - 2pm	Stockton Dementia Café at Stockton Parish Church, low cost refreshments.	
Yarm Dementia Cafés (in two locations)	(See details)	Yarm Dementia Cafés: <i>Yarm Methodist Church</i> , low co Every first Saturday of the month, 10 - 12. Also runs at <i>Yarm Wellness</i> , every third Monday of the n	30pm.
Billingham Dementia Café	Every second Monday of the month, 11.30 - 2pm	Billingham Dementia Café at St. Aidans Church, low	cost refreshments
North Billingham Methodist Church, Billingham	12.30 - 2.30pm, every 4th Tuesday of the month	<b>Free</b> two course meal & refreshments, everyor Run by Billingham Environmental Link Programme. Methodist Church, Marsh House Avenue, Stockton-or TS23 3ET. Telephone: 07899 945307 Email: kevin@be	North Billingham n-Tees, Billingham
Coffee, Cake & Chat at Yarm Wellness Centre	Fortnightly Tuesdays, 1.30 - 3.30pm (see details)	<b>Free</b> coffee, cake and company, 1.30 - 3pm. Runni continuing on Tuesdays, fortnightly. Everyone is we warm space, and meet new friends. Yarm Wellne Church Wynd, Yarm, TS15 9BQ. Email: yarmwellne	elcome - enjoy a ss Centre, High
Yarm Lunch Club, Yarm Wellness Centre	Fortnightly on Tuesdays, <i>(see details)</i>	Fortnightly on Tuesdays, a two course hot meal for Enquire with organisation, there may be a wa Yarm Wellness Centre, High Church Wynd, Yarn Email: yarmlunchclub@gmail.com	aiting list.
Leaflet updated:	Catalyst Stockton-on-Tees	s Ltd are a company registered in England whose registered add	lress is 27 Yarm Roa